

## Description Of The Caring Behavior Of Indonesian Nurses At Tokubetsu Original Yougoroujin Home Ayumien Tokyo 2022

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### ARTICLE INFO

#### Keywords:

*nursing,  
Nurse,  
Caring,  
Caring Behavior,  
Gerontology*

### ABSTRACT

*Caring behavior* of nurses is our attitude and behavior to treat others we serve lovingly. *Caring behavior* is our attitude of concern for patients through empathy for patients and families. This study aims to find out an overview of the caring behavior of Indonesian nurses at Tokubetsu Yougoroujin Home Ayumien Tokyo Orphanage 2022. This study uses a total sampling technique, namely the number of respondents at the Tokubetsu Yougoroujin Home Ayumien Tokyo Orphanage are 48 respondents. The research instrument used a questionnaire of caring behaviors Indonesian nurse tools. Based on demographic data, the results show that the male sex are 28 respondents (58.3%). Aged 75-90 years as many as 44 respondents (87.4%). Last High School Education are 33 respondents (68.8%). And the caring behavior of Indonesian nurses at the Tokubetsu Yougoroujin Home Ayumien Tokyo Home from 48 respondents was very good as many as 29 respondents (60.4%). Therefore, the caring behavior of nurses needs to be improved for the needs of patients.

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## 1. Introduction

According to Permenkes (2020), nursing is an activity of providing care to individuals, families, groups, or communities, both sick and healthy because nurses in carrying out nursing practice must always improve the quality of service by following developments in science and technology through education and training in accordance with their field of duty.

According to Cookson & Stirk (2019), nursing services are the main services of a hospital. The quality of nursing services is strongly influenced by the processes, roles and functions of nursing service management, because nursing management is a special task that must be carried out by nursing managers or managers which includes planning, organizing, directing, and supervising existing resources.

According to Soriano Calong (2020), nurses are human resources who give color to health services in hospitals, in addition to the main quantity, nurses also represent a profession that provides continuous and continuous service to clients 24 hours a day. Nurses deal with different patients every day, one of the expected actions is that nurses can build good relationships with patients, namely through communication techniques and attitudes and caring behavior while providing nursing care to patients so that patient needs can be met.

According to Firmansyah et al (2020), shows the percentage of nurses who have poor quality of caring services in Ireland (11%) and Greece (47%). The International Association of Human Caring explains that nursing always includes four concepts, namely: caring means what nurses do, humans are targets and what nurses do, health is a goal and the environment is a place where nurses care.

In research conducted by Husni (2020) in Lestin (2021), which got the results that most of the

respondents responded that the caring behavior of health services was mostly within the sufficient criteria as many as 72 respondents (76.6%) this could occur due to the lack of caring given by health services and each patient has a different perception regarding the acceptance of the given caring behavior.

According to Bakar (2017), caring is the behavior of providing holistic assistance to individuals. This important behavior is still not routinely practiced in nursing practice today. Personality and spirituality are essential factors in shaping one's caring behavior. Whereas spirituality is a passion or urge to do noble actions. The results showed that there was no significant relationship between nurses and nurses' spirituality or caring behavior.

According to Diah Fitri Purwaningsih (2018), the lack of caring for nurses in nursing services can result in a decrease in the quality of nursing services which has an impact on decreasing patient satisfaction and increasing hospitalization days. Wahyudi (2016), there are several factors that cause nurses not to carry out caring behavior. In his research, there are several factors that make nurses do not behave in caring, such as factors of appreciation and length of work that affect the caring behavior of nurses.

According to Mestiana et al (2019), nurses caring behavior is our attitude and behavior to treat others we serve with love. Caring behavior is our caring attitude towards patients through empathy for patients and families. The main focus of nursing is carative factors originating from a humanistic perspective combined with a scientific knowledge base.

According to Karo (2019), with caring behavior for clients who are being treated, client satisfaction will increase and the quality of services in hospitals will also increase. Caring behavior is expressed as a feeling to provide security, change behavior, and work according to standards. According to Sumaryati (2018), gerontic nursing is a form of professional service based on comprehensive nursing knowledge and tips/techniques. Gerontics is the study of the aging process that occurs in humans at the age of 60 years. According to Banyuasin (2021), the role of the gerontic nurse as a manager with the task of balancing the concerns of patients, families, nurses, and other health workers.

## 2. Research Methods

This research uses descriptive research method. This research was conducted at the Tokubetsu Yougoroujin Home Ayumien Tokyo in May 2022 with a population of 48 elderly people. The sampling technique used is total sampling. The sample in this study is all the population used as a sample.

The instrument in this study was a questionnaire (40 statements) for the demographic data of the respondents in the form of age, gender, and last education. Then use the standardized coisiner by Karo 2018. The data analysis technique in this study is univariate analysis (descriptive analysis).

## 3. Results And Discussion

**Table 1.**  
Frequency Distribution of Respondents Based on Demographic Data at the Tokubetsu Yougoroujin Home Ayumien Tokyo 2022.

Demographics	Frequency(f)	%
Gender		
Man	28	58.3
Woman	20	41.7
Total	48	100.0
Age		
75-90	44	.87.4
>90	4	12.6
Total	48	100.0
Education		
SENIOR HIGH SCHOOL	33	68.8
PT	15	.31.2
Total	48	100.0

Based on table 2 above, it is found that the most respondents are male, as many as 28

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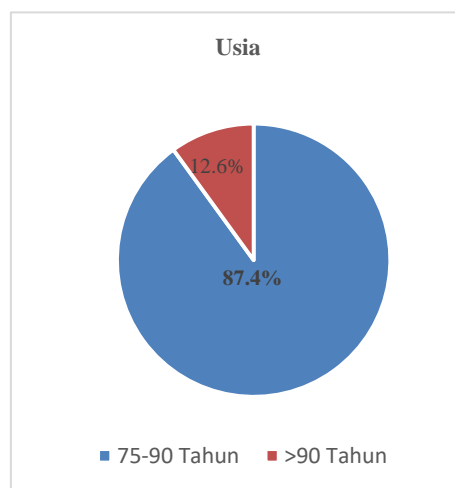
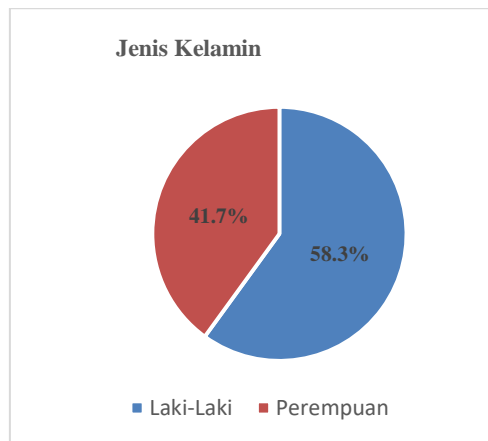
respondents (58.3%) and the least are women as many as 20 respondents (41.7%). The average age of respondents was 44 people (87.4%), and the age of respondents who were at least > 90 years old was 4 people (12.6%). The majority of respondents with the last education of high school were 33 respondents (68.8%), and the last majority were university as many as 15 respondents (31.2%).

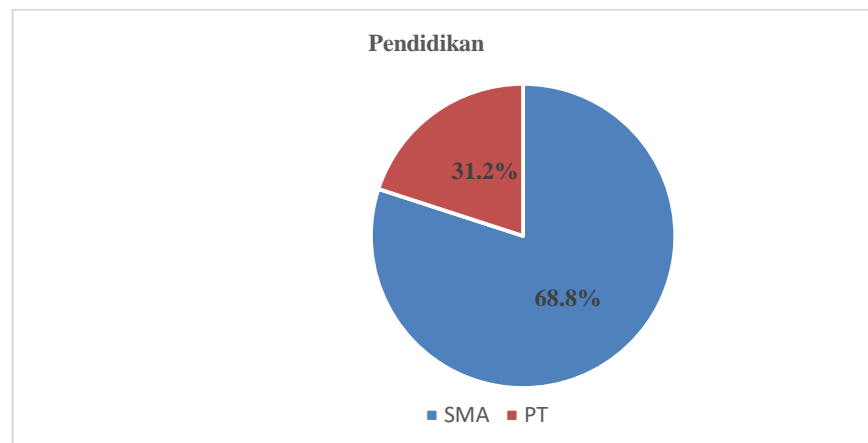
**Table 2**  
Frequency Distribution of Respondents Based on Caring Behavior of Indonesian Nurses at the Tokubetsu Yougoroujin Home Ayumien Tokyo 2022.

Caring Behavior	Frequency	%
Caring Behavior		
Very good	29	60.4
Well	19	39.6
Total	48	100.0

Based on table 2, it is found that the caring behavior of nurses is in the good category of 19 (39.6%) and the majority are very good as much as 29 (60.4%).

### 3.1 Discussion





**Figure 1:** Distribution of Caring Behavior Based on Demographic Data (Gender, Age, and Education) at the Tokubetsu Yougoroujin Home Ayumien Tokyo 2022.

Based on diagram 1, it was found that the caring behavior of Indonesian nurses at the Tokubetsu Youngoroujin Home Ayumien in 2022. Based on gender, it shows that the most respondents are male, namely 28 respondents (58.3%), and the least are female as many as 20 respondents (41.7%).

Researchers assume that the male gender is higher than the female, this is due to the male elderly being less able to take care of themselves in meeting the needs of life compared to female elderly. Gender has an influence on views on caring care received. Where elderly men pay less attention and don't think too much about something if it doesn't harm them, while women pay more attention to small things such as sensitivity, the attitude of nurses in meeting their own needs. This is because the female gender sees more of the appearance in detail, while the male gender pays less attention to it. This assumption is supported by Karo (2019), Gender has an effect on caring. Likewise with nurses in general, women have deeper feelings, through the practice of caring for patients and families. Both female and male nurses showed no significant difference in actual care according to nurse gender from both the nurse and patient perspective. *Caring Behavior* Indonesian nurses at the Tokubetsu Yougoroujin Home Ayumien in 2022. Based on age, it shows that the most respondents aged 75-90 years are 44 people (87.4%), and the age of respondents who are at least >90 years old is 4 people (12.6%).

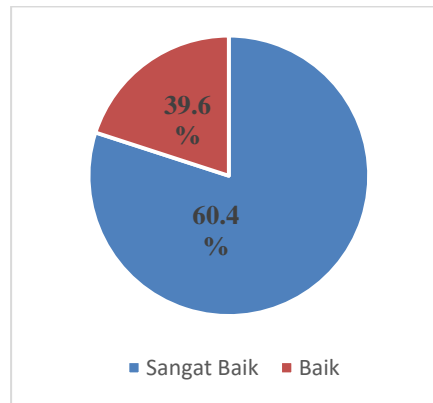
Researchers assume that the increase in age at the Tokubetsu Yougoroujin Home Ayumien Tokyo is influenced by Japanese culture. The increasing age of the elderly in Japan can also cause various problems, such as economic stability. However, the Japanese government has made various policies to create healthy elderly people who can still be active, independent, have a passion for life, and can participate in social activities.

This assumption is supported by Apriliani (2021), otoshiyori (お年寄) is an old person, an old person, roujin (年をとった), the growth of the elderly in Japan is very rapid, Japan is one of the countries with a strong cultural influence, seen from the history and civilization of Japan which is quite complex. The growth conditions of the elderly are influenced by Japanese culture, this very rapid increase in age causes various problems including those that threaten economic stability, namely insurance financing for the elderly from the Japanese Government. The Japanese government has also made various policies to create healthy elderly people who can still be active, independent, have a passion for life, and can participate in social activities.

*Caring Behavior* Indonesian nurses at Panti Tokubetsu Yougoroujin Home Ayumien in 2022. Based on education, it shows that the most recent category is high school education as many as 33 respondents (68.8%), and the last majority is university as many as 15 respondents (31.2%)

Researchers assume that the education of the elderly affects the caring attitude of a nurse in meeting the needs of the elderly in performing nursing services, because the higher the education of the elderly, the higher the knowledge, intellectual maturity and ability of the elderly in understanding attitudes and the emergence of a critical nature to respond to the caring behavior of a nurse in fulfilling elderly needs. This assumption is supported by Tani et al (2017), educated

people will avoid ignorance and poverty, because with the capital of knowledge gained through the educational process, people will be able to overcome the problems of life they face. The higher the education, the higher the knowledge, skills and abilities.



**Diagram 2** Caring Behavior of Indonesian Nurses at Panti Tokubetsu Yougoroujin Home Ayumien Tokyo 2022

Based on diagram 5.2, the Caring behavior of Indonesian nurses at Panti Tokubetsu Yougoroujin Home Ayumien Tokyo 2022 shows that the most categories are very good as many as 29 (60.4%), and the least are in the good category 19 (39.6%). The author assumes that the caring behavior of nurses still needs to be improved in providing the needs of the elderly. As a health service, of course, it will be directly related to the human being who is a social being, of course, it cannot be separated from how a health service has a sense of concern to create attitudes and personal relationships with the elderly. So that the relationship between nurses and the elderly can be well established. In addition, nurses must also be able to patiently listen to the complaints of the elderly, be sensitive and responsive to the needs of the elderly, provide care and always be with the elderly, show concern, compassion and empathy, and take actions related to welfare. showing acceptance of the elderly.

This assumption is supported by Utami & Musyarofah (2021), with sufficient caring behavior from the services provided by the nurse, the client will tend to have a good perception of the nurse. The better the caring behavior of nurses in providing nursing care services, the happier the client or family in receiving services, meaning that the nurse-client therapeutic relationship is developing. This is a nurse who provides caring to clients, meaning that nurses can show concern, responsibility for the care provided to clients, and also treat clients with sincerity and sincerity.

Swanson in Karo (2019), caring behavior can help clients to participate, gain knowledge and improve health. Caring is the process of how health workers understand the meaning of what is happening in one's life, be emotionally present, do things to others as well as do to oneself, inform and facilitate the way one goes through life transitions and to trust someone in life.

#### 4. Conclusion

Demographic data based on the Caring Behavior of Indonesian Nurses at the Tokubetsu Yougoroujin Home Ayumien Tokyo 2022, it can be concluded that the male gender is 28 respondents (58.3%). Age 75-90 years as many as 44 respondents (87.4%). The last education was SMA as many as 33 respondents (68.8%), out of 48 respondents. From the results obtained that the Caring Behavior of Indonesian Nurses at Panti Tokubetsu Yougoroujin Home Ayumien Tokyo in 2022 of 48 respondents were in the very good category as many as 29 respondents (60.4%).

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